

Biomate

APPLICATION GUIDE

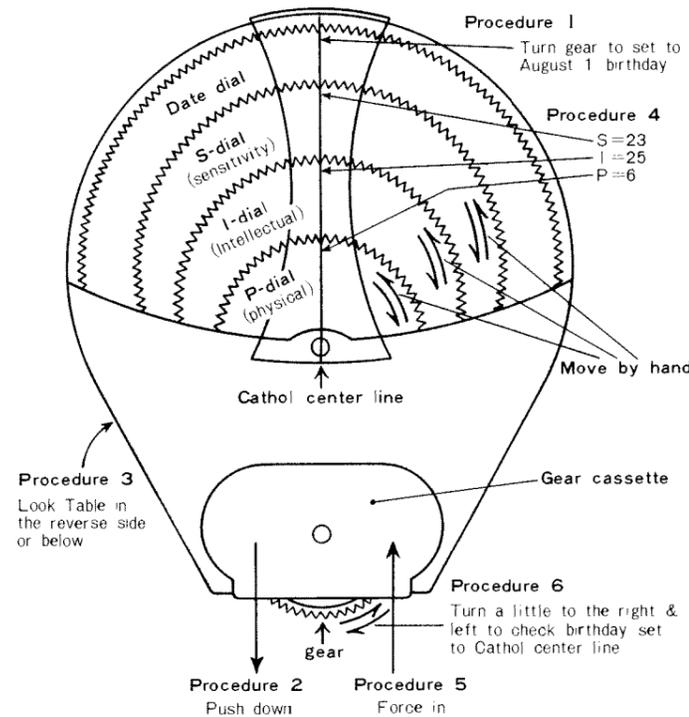
 Certified by Japan Biorhythm Association

★DIRECTIONS FOR USE★

Biomate is composed of a geared cassette and four round dials.

- Dial 1. The date dial:** is the largest dial and indicates the date of the year.
- Dial 2. The "S" dial:** is the 2nd largest dial and indicates the sensitivity condition (emotional).
- Dial 3. The "I" dial:** is the 3rd largest dial and indicates the intellectual condition (mental).
- Dial 4. The "P" dial:** is the smallest dial and it indicates the physical condition.

When the S, I and P dials are properly set for your date of birth your own biorhythm can be checked instantly for a full calendar year (the Biomate dials must be reset once each year). Select the desired date on the #1 dial by turning the gear and see your biorhythm indicated on dials #2, 3 & 4 by the colored curved lines.



■HOW TO SET THE BIOMATE

Let us say that you have become or will become 40 years old during this calendar year and that the date of your birth was August 1st.

- Procedure 1.** Turn the gear located at the bottom of the Biomate so that the birthday for August 1 on the Date Dial is at the Cathol center line (straight red indicator line).
- Procedure 2.** Gently lower the gear cassette about 1/8 inch so that each of the dials can turn freely and independent of the gear. (see illustration)
- Procedure 3.** Determine your S.I.P. numbers based on your age this calendar year from the Table located in this guide or the reverse side of the Biomate. For age 40, S=23, I=25 and P=6. Then check the Revision List to see if one (1) must be added to each of the S, I, and P numbers in the Table to adjust for leap year. In this example, one (1) is not added as a blank exists at the square that intersects age to all of the birth years.
- Procedure 4.** Move the dials directly by hand to carefully arrange 23 on S dial, 25 on I dial and 6 on P dial to align with Cathol center line. Also check that August 1 date on Date dial remains under Cathol center line.
- Procedure 5.** Gently push the gear cassette up so that it clicks firmly in place.
- Procedure 6.** Turn the gear to the right and to the left and again check that August 1, S=23, I=25 and P=6 are all arranged to the Cathol center line.

Your handy Biomate is now set for use.

With the above ended, turn the gear to the right or left of your birthday on the Cathol line, thereby knowing your condition of rhythm for the date shown on the Cathol line.

*Exercise caution to the following point-

* Turn Biomate to the right and left so that the border line of December 31 and January 1 graduation on the date board should not pass across the Cathol center line. (Turning round in one direction makes date graduation dated in next or last year, for it is necessary to correct the lag of one day on account of the leap year).

Age*	S.	I.	P.	Age*	S.	I.	P.
53	11	21	16	67	28	19	23
54	12	23	13	68	2	22	21
55	13	25	10	69	3	24	18
56	15	28	8	70	4	26	15
57	16	30	5	71	5	28	12
58	17	32	2	72	7	31	10
59	18	1	22	73	8	33	7
60	20	4	20	74	9	2	4
61	21	6	17	75	10	4	1
62	22	8	14	76	12	7	22
63	23	10	11	77	13	9	19
64	25	13	9	78	14	11	16
65	26	15	6	79	15	13	13
66	27	17	3	80	17	16	11

* Age this calendar year

Please see if it is necessary to add (1) according to the following Revision List. For example, you should set Biomate so that S, I, P figures obtained to be 26, 13, 15 are 27, 14, 16, if one (1) must be added. Incidentally, when one is added to S=28, I=33, P=23, S, I, and P, each become one (1), as next to 28 of S, 33 of I and 23 of P is all 1.

BIORHYTHM AND BIOMATE

Are you familiar with the wonder working rhythm occurring within your human body which began instantly you were born?

Do you know that understanding the variations of this rhythm can give you better incitement and appropriate judgement into many affairs of your life? Such as: preventing traffic accidents, judging the congeniality of a marriage partner, determining the sex of an unborn baby and many other, if not all, occasions in your personal, business and leisure life.

This periodic rhythm in the human body is called Biorhythm. There are three elements of this rhythm, physical, intellectual and sensitivity. With the understanding of these rhythms you can determine which days are best for you (and which are worst for you) to undertake certain activities or make important decisions. As an example; statistics show that on a Critical Day the chance of a traffic accident is increased four-fold over the average non-Critical Day. The science of Biorhythm, established by professor Sigmund Freud, a leading psychiatrist of the early 20th century, has been studied by scholars worldwide to become a proven science.

The Biorhythm principle, certified by the Science Academy of America in 1961, has been highly praised as a unique way to daily happiness in many countries. In the past the principles of Biorhythm have been practised solely for accident prevention by airline companies, railroads and manufacturing industries.

We have developed Biomate so that now everyone will have convenient access to the benefits of the principles of Biorhythm. Biomate gives you your Biorhythm status quickly at any time or place without the need for calculations or charts.

The handy Biomate, Biorhythm computer, can be easily carried in pocket or purse.

Wonderful Biomate assures you that your busy life in our constantly changing society will be rationalized to a great extent.

TABLE OF BIORHYTHM
 (Figures set by your birth date)

Age*	S.	I.	P.	Age*	S.	I.	P.
1	2	3	21	27	6	28	18
2	3	5	18	28	8	31	16
3	4	7	15	29	9	33	13
4	6	10	13	30	10	2	10
5	7	12	10	31	11	4	7
6	8	14	7	32	13	7	5
7	9	16	4	33	14	9	2
8	11	19	2	34	15	11	22
9	12	21	22	35	16	13	19
10	13	23	19	36	18	16	17
11	14	25	16	37	19	18	14
12	16	28	14	38	20	20	11
13	17	30	11	39	21	22	8
14	18	32	8	40	23	25	6
15	19	1	5	41	24	27	3
16	21	4	3	42	25	29	23
17	22	6	23	43	26	31	20
18	23	8	20	44	28	1	18
19	24	10	17	45	1	3	15
20	26	13	15	46	2	5	12
21	27	15	12	47	3	7	9
22	28	17	9	48	5	10	7
23	1	19	6	49	6	12	4
24	3	22	4	50	7	14	1
25	4	24	1	51	8	16	21
26	5	26	21	52	10	19	19

REVISION LIST

In the square at the intersection of the horizontal and vertical columns is a square marked A, B, A&B, or is blank. Determine what square applies to the combination of your age this calendar year and your year of birth. If one's birthday is between January 1 - February 28 and either A or A&B is the result of the vertical and horizontal line crossing, then add (1) to the S, I, P. numbers obtained from the Table. If one's birthday is between February 29 - December 31, and either B or A&B is the result of the vertical horizontal crossing, then add (1) to the S, I, P. numbers obtained from the Table. If the above two conditions are not true then do not adjust the S, I, P. numbers.

Birth year	Age this Calendar year									
	1896	1897	1898	1899						
1900	1901	1902	1903	1904						
1904	1905	1906	1907	1908						
1908	1909	1910	1911	1912						
1912	1913	1914	1915	1916						
1916	1917	1918	1919	1920						
1920	1921	1922	1923	1924						
1924	1925	1926	1927	1928						
1928	1929	1930	1931	1932						
1932	1933	1934	1935	1936						
1936	1937	1938	1939	1940						
1940	1941	1942	1943	1944						
1944	1945	1946	1947	1948						
1948	1949	1950	1951	1952						
1952	1953	1954	1955	1956						
1956	1957	1958	1959	1960						
1960	1961	1962	1963	1964						
1964	1965	1966	1967	1968						
1968	1969	1970	1971	1972						
1972	1973	1974	1975	1976						
1976	1977	1978	1979							
1	13	25	37	49	61	73				
5	17	29	41	53	65	77	A		B	
9	21	33	45	57	69					
2	14	26	38	50	62	74				
6	18	30	42	54	66	78	A		B	A & B
10	22	34	46	58	70					
3	15	27	39	51	63	75				
7	19	31	43	55	67	79	A	B	A & B	A & B
11	23	35	47	59	71					
4	16	28	40	52	64	76				
8	20	32	44	56	68	80				
12	24	36	48	60	72					